

# Co-Creating Dignity Experiences in Mental Healthcare Study Information Sheet

We invite you to take part in a research study which explores Dignity in mental health patient experience. This information sheet provides details about the study. It will take you about 15 minutes to complete an online survey and you are welcome to request a copy of the results by emailing <u>c.a.brooks@bradford.ac.uk</u>.

#### What is the purpose of the study?

The aim of the study is to understand what aspects of patient experience promote personal dignity. This understanding will be used to help the evidence-based design and delivery of mental health services which offer the experience that patients want.

#### Why is this study being conducted?

Mental health patient dignity is a priority for both patients and healthcare professionals. However, there is no comprehensive definition which reflects both patient and healthcare professional perspectives. During the qualitative phase of this study, measures of dignity in mental health patient experience were co-created by patients and professionals. Now these measures will be rated in terms of their importance by participants in this online survey. The ratings will be used to develop a validated model for dignity in mental health patient experience which can be used to measure service delivery.

#### Who should participate in the research?

You are eligible to participate in the research because you are EITHER:

## 1. A mental health services user/patient who:

- Is receiving or have received care in a primary setting (such as from a GP or community nurse) or a secondary setting (such as a hospital).
- o Is over age 18
- Does not have dementia or a cognitive impairment which prevents you giving informed consent.

OR you are:

- 2. Qualified as a psychiatrist, psychologist, GP/family doctor, mental health nurse, occupational therapist, social worker (or equivalent professional qualification), who:
  - Has at least 5 years clinical practice experience of delivering mental health services in primary and secondary healthcare systems (state-subsidized and private systems) OR
  - $\circ~$  Has at least 5 years clinical or academic research experience focused on mental health.
  - Does not have dementia or a cognitive impairment which prevents you giving informed consent.

#### Do I have to take part?

**NO.** You are warmly invited to participate but you are under no obligation to take part in this research study. If you would like to take more time to consider your participation, then you may click away from this Information sheet and return to it later using the website link when you choose to return. Please consider that you will be thinking about experiences of mental healthcare services, and that sometimes, considering service experiences may be distressing. You may withdraw from the survey at any time before submitting your answers.

## What will I have to do?

You will be asked to go online and complete a survey which asks you to rate measures of dignity in mental health patient experience on a 7-point scale in terms of importance to promoting dignity for patients/service users. You will be asked to provide informed consent to participate.

You will <u>not</u> be asked to provide your name or contact information which can identify the answers you have given to the survey, and so once you have submitted your answers, you will not be able to request to have your submission withdrawn, as we can't identify your answers individually. You will be required to complete the survey in English please.

# What will happen to the information I provide?

In line with the UK General Data Protection Regulation (2018), only the researcher will have access to the information you provide. Data will be collected on a password protected research platform. Any information you provide via the platform will be removed and stored on an encrypted Word file on a password protected University of Bradford OneDrive. The data will be analysed and used in publication of the general results.

You are welcome to contact the researcher at any time to request an update on the research progress.

## Who is organising and funding the research?

This project is organised by researchers at the University of Bradford and there's no funding. The study has been advised by the World Dignity Project, a UK Charity (Charity registration number 1171219) which campaigns for Dignity in mental health patient experience, <u>https://theworlddignityproject.org/</u>.

## Who has reviewed the study?

Ethical approval has been granted by the Chair of the Humanities, Social and Health Sciences Research Ethics Panel at the University of Bradford on February 11<sup>th</sup>, 2022.

## **Contact Information**

If you wish to know more about the study, please contact the researcher at <u>c.a.brooks@bradford.ac.uk</u>.

Thank you for taking the time to consider your participation in this important study which aims to improve the design and delivery of mental health services to promote patient Dignity.